

SYLLABUS OF CLASS : VII (2025-26)

Let's get started with our meticulous Thinking and Planning.

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Instructions for Students

1. Students should fill the index properly.
2. Cover and label the books and notebooks properly.
3. Start the work everyday with proper date, day, classwork/ homework and the name of the lesson.
4. Write the ' Thought of the day' at the beginning of each chapter
5. Underline the headings of the lesson /Topic with a scale and pencil and do corrections' work after every topic/lesson
6. Do neat and tidy work and draw Finishing Line after every answer.
7. Paste flap of word meanings for every chapter in the book.
8. Use pencil for geometry work, pictures, web charts & map work.
9. Highlight the important lines in book with yellow colour highlighter.
10. Use your left hand to activate your right brain.
11. Students should avoid over-writing, cutting and tearing of pages from books and notebooks.
12. Practice meditation or relaxation exercise after every period.
13. Pack your bag according to the time-table for the day.
14. Spare some time aside for self study and revision of the concepts.
- 15. Students will perform Art Integrated Activities (Trans Disciplinary Projects) to make learning experience more effective and joyful.**



Special Note:

All the instructions should be read by the students in the class in the presence of the teachers.

Instructions For Parents

1. Parents should be particular about the respect and dignity of the teachers and management.
2. Attend PTM regularly to discuss the progress of the child.
3. Check the almanac of your ward daily and sign it.
4. Parents should follow the school norms given in the Almanac.
5. Try to communicate with the teachers through Almanac.
6. Kindly consult the Almanac for all kinds of information regarding school activities, planner, date sheet, PTMs.
7. Give healthy diet to your child like sprouts, almonds, green vegetables, fruits and milk.
8. Converse in English with your child at home and help him/ her develop the habit of reading
9. Spend quality time with your child and listen to his/ her concerns.
10. Never rebuke your child from expressing himself/ herself.
11. Parents are not allowed to intervene students or teachers during school hours. If necessary, come only after 1:45 p.m. to meet the teachers (with a prior information).
12. Keep a strict eye on the behaviour of your child. Your ***loving and careful*** attention is very much necessary for your child's development.
13. Teachers Check the books/ notebooks of your ward on regular basis and coordinate with the subject teachers (If required) via phone call or WhatsApp.
14. Send your ward to school regularly and send a leave application for any leave required duly signed by you stating the reason for taking leave.



Instructions For Teachers



1. Read the “Teacher’s Perfection” book from time to time and work accordingly.
2. Teachers should plan everything systematically before entering in the class.
3. Two minutes meditation/ relaxation exercise should be conducted before commencing the teaching.
4. Teachers must give the revision of class work as home assignment on daily basis.
5. It is the duty of the class teacher to conduct all the activities mentioned in the almanac.
6. English Conversation is a must so teachers must make it mandatory for every child to converse in English.
7. Teachers must do the checking work side by side. They should not pile up their work for the next day.
8. All the subject teachers should clear the general concepts before the beginning of the new chapter.
9. Question answers given at the back of the chapter and in between the chapter must be discussed in the class for the complete knowledge of the subject.
10. Teachers should pay attention that long and descriptive questions should be done in the class by the students (don’t dictate) and objective type questions i.e match the following, fill ups, exercises of work book should be given as home work which will further be cross checked the next day.
11. Teachers must take a short class test after the completion of each topic to check the concept clarity of the students.
12. It is mandatory for all the Subject Teachers to adopt and implement Art Integrated Activities (Trans Disciplinary Projects) to make teaching learning experience joyful and competency based.

Evaluation Scheme For Session 2025-26

Instructions For Assessment

1. There will be two terms –Mid Term and Final Term ,the students have to clear both to be promoted to the next class.
2. Mid Term includes Cycle Test I and Half Yearly Exam.
3. Final Term includes Cycle Test II and Annual Exam.
4. **Marks Distribution for Mid Term and Final Term is given below:-**

| Type of Assessment | Assessment | Weightage | Total Marks | Term 1 & Term 2 |
|-------------------------------|------------|-----------|-------------|-----------------|
| Term 1 Cycle Test-1 | 20 | 5 | 20 | 50 |
| Multiple Assessment | 5 | 5 | | |
| Portfolio | 5 | 5 | | |
| Subject Enrichment | 5 | 5 | | |
| Mid Term Examination | 80 | 30 | 30 | |
| Term 2 Cycle Test-2 | 20 | 5 | 20 | 50 |
| Multiple Assessment | 5 | 5 | | |
| Portfolio | 5 | 5 | | |
| Subject Enrichment | 5 | 5 | | |
| Final Term Examination | 80 | 30 | 30 | |
| Total Marks | | | | 100 |

- 1) **Multiple Assessment-** Marks will be given based on a variety of assessment strategies. These strategies can include quiz, orals tests, research work.
- 2) **Portfolio-** Marks will be allotted according to the progress, development, and achievements of the child across different areas of learning .
- 3) **Subject Enrichment Activities** in all the subjects will comprise of the various techniques like Reading/Group Discussion/Dictation/Debate/Public speaking/Project Work etc. for language and Lab activity / Project/Map- Work Model Making / Field Trip Etc.

GRADE KEY Scholastic Grades

| | | |
|-----------|-------------------|---------------------|
| A1 | Excellent | 91% - 100% |
| A2 | Very Good | 81% - 90% |
| B1 | Good | 71% - 80% |
| B2 | Fair | 61% - 70% |
| C1 | Satisfactory | 51% - 60% |
| C2 | Average | 41% - 50% |
| D | Unsatisfactory | 33% - 40% |
| E | Needs Improvement | 32 and below |

GRADE KEY Co-Scholastic Grades

| Grade | Points | Remarks |
|-------|--------|-------------|
| A | 3 | Outstanding |
| B | 2 | Very Good |
| C | 1 | Fair |

ENGLISH - GRADE VII (2025-26)

(Literature : Honey Comb - NCERT) (Grammar : Grammar Gear)

| Month | Name of the Chapter | Key Concept | Activity |
|--------------------|--|--|---|
| April (21 Days) | Literature Unit I Ch - Three Questions Poem - The Squirrel Grammar: Ch-1 Nouns Ch-2 Noun: Functions Ch-16 Punctuation Vocabulary -Proverbs Writing Skills -Informal Email Writing Phonics - Pg 7 to 14 | Self Realization Life of a Squirrel. *Understanding kinds of Nouns *Understanding the use of noun as subject & object. *Understanding the correct use of Punctuation Marks Enhancing Vocabulary Learning format of writing an informal email | Write the synopsis of the Chapter. Write the character sketch of squirrel. Make a webchart of different types of Nouns. Make a spin-wheel showing Punctuation marks. (Term-I Activity) |
| May (21 Days) | Literature Unit II Ch - A Gift of Chappals Poem - The Rebel Grammar: Ch-3 Formation of Adjectives Ch-4 Confusing Adjectives Ch-5 Determiners Vocabulary -Binomials Writing Skills -Diary Entry Reading Comprehension - Passage-1 Phonics - Pg 15 to 20 | To know the value of helping others. To know about likes & dislikes of others. *Learning formation and degrees of adjectives *Understanding types of determiners and their use. *Enhancing Vocabulary. *Learning the format of writing diary. | Gift your some belongings to some needy and pen down your experience. Make flash cards showing different quantifiers along with pictures. |

| Month | Name of the Chapter | Key Concept | Activity |
|-----------------------------|---|---|--|
| July (24 Days) | Literature - Unit III Ch - Gopal and the Hilsa Fish Poem - The Shed Grammar Ch-6 Verbs Ch-7 Verbs: The Perfect Continuous Ch-8 Transitive and Intransitive Vocabulary *Compound Adjectives Writing Skills - Formal Letter Phonics- Pg 21 to 26 | Comic Story Description of a store house Learning the types of verbs and use of correct form of verbs according to the rules of tenses Enhancing vocabulary Learning different types of formal letter | Write the character sketch of Gopal in notebook. Write the description of shed in the notebook. Make a flow chart of tenses with its structure. On an inland letter, write a letter to your friend and paste it in your notebook. |
| August (19 Days) | Unit IV Ch - The Ashes That Made Trees bloom Poem - Chivvy Grammar: Ch-13 Pronouns Ch-15 Active & Passive Voice Ch-22 Conditionals Assessment-1 Writing Skills - Story Writing Reading Comprehension- Passage-2 (An Extract) Phonics- Pg 27 to 32 | Story of an old couple and their dog. Instructions by the parents to their kids Understanding the types of pronouns Learning rules of changing voice (Active to Passive) Learning how to express possibilities Learning how to write a story with hints and a beginning idea Enhancing apprehension of the language | Find out the details about William Elliot Griffis and write in your notebooks. Make a table showing three persons of personal pronouns with examples and pictures |
| September | Revision for Mid Term Examination | | |

| Month | Name of the Chapter | Key Concept | Activity |
|------------------------------------|---|--|--|
| October (16 Days) | Literature Unit V Ch- Quality Poem : Trees Grammar: Ch-9 Verbs: Finite & Non-Finite Ch-10 Subject-Verb Agreement Ch-11 Modals Vocabulary- Portmanteau words Writing Skills - Travelogue, Autobiography Reading Comprehension- Passage-3 (Unseen poem) Phonics- Pg 33 to 37 | Hard Work never goes in vain. The usefulness of trees in our lives. Learning difference between finite and non-finite verbs. Learning rules to use verbs which agrees with the subject. Learning types and use of Modals Enhancing vocabulary Enhancing apprehension of the language | Conduct a discussion on the importance of hard work Discuss the uses of trees in the class. Make a chart showing three forms of verbs on A4 size sheet. Make a list of any five Modals you often use in your everyday conversation. Using an A4 size sheet and associated picture, write an autobiography of a famous Indian Writer - Khushwant Singh. (Term-2 Activity) |
| | Literature Unit VI Ch - Expert Detectives Poem : The Mystery Of the Talking Fan Grammar: Ch- 12: Phrases Ch-17 Sentences: Kinds of sentences Ch- 18 Sentence- Phrases & Clauses Vocabulary- Onomatopoeia Writing Skills - Book Review Phonics- Pg 33 to 37 | Story of a crook Mechanical Problems Learning types of phrases Learning types of sentences on the basis of their meaning. Learning differences between a sentence, phrase, and clause. Enhancing vocabulary Learning how to write a review of a book read | Role play activity. Write an experience of a talking fan or any object you have observed any where. On an A4 size sheet, show the differences between phrases and clauses highlighting the key difference between phrase and clause with examples |

| Month | Name of the Chapter | Key Concept | Activity |
|-------------------------------|--|---|---|
| December (23 Days) | Literature Unit VII Ch-The Invention of Vita Wonk Poem : Dad and The Cat and The Tree Poem : Garden Snake Grammar: Ch- 14 Conjunctions Ch- 19: Kinds of Clauses - Main & Subordinate Ch- 20 Subordinate Clauses-Kinds Ch- 21 Relative Pronouns & Clauses Vocabulary- Useful phrases & expressions on the Internet. Writing Skills - Informal Letter Reading Comprehension- Passage-4 (Diary Entry) Phonics- Pg 45 to 52 | Man vs Invention Role of a Dad in one's life Characteristics of Snake Learning the types of Conjunctions Understanding differences between main and subordinate clauses Learning the different kinds of subordinate clauses Learning the rules of relative pronouns and clauses Enhancing vocabulary Enhancing apprehension of the language | Write about your any invention on A-4 Size sheet. Make a flowchart showing types of conjunctions and their uses. Pictorial presentation of main and subordinate clauses Make a web chart showing kinds of subordinate clauses. |
| January (17 Days) | Literature Unit VIII Ch : Homage to our brave soldiers Poem : Meadow Surprises Grammar: Ch- 23 Sentences-Simple, compound and Complex Ch- 24: Direct & Indirect Speech Assessment-2, Revision-2 Advanced Grammar Writing Skills - Data Interpretation Reading Comprehension- Passage-5 (a Short Story) Phonics- Pg 53 to 60 | To know about the war memorial Characteristics of grasslands. Learning types of sentences based on structure Learning rules of narration Rehashing the learnt concepts. Learning the format of presenting data interpretation Enhancing apprehension of the language | Share the feelings about brave soldiers with your friends. Discussion on the surprises of nature Show tables on an A4 size sheet highlighting tense, pronouns, and words in Indirect Speech. |
| February | Revision for Final Examination | | |

BLUE PRINT & WEIGHTAGE CYCLE TEST-I (15.05.2025)

| Section | Question Pattern | No. of Ques.xMarks | Total |
|--|---|--------------------|-----------|
| SEC A (Reading) | A1- Unseen Passage | 4x1 | 4 |
| SEC B (Writing & Gram.) | B-1 Informal Email writing B-2 Grammar Ch-1, 2 and 16 | 1x4 6x1 | 10 |
| SEC C (Lit.) | C1- Short Questions C2- Objective Questions (Fill ups/MCQ) Literature Unit I - Three Questions Poem- The Squirrel | 2x2 1x2 | 6 |
| | | Total | 20 |

BLUE PRINT & WEIGHTAGE CYCLE TEST-II (10.12.2025)

| Section | Question Pattern | No. of Ques.xMarks | Total |
|--|---|--------------------|-----------|
| SEC A (Reading) | A1- Unseen Passage | 4x1 | 4 |
| SEC B (Writing & Gram.) | B-1 Book Review B-2 Grammar Ch -9,10 and 11 | 1x4 6x1 | 10 |
| SEC C (Lit.) | C1- Short Questions C2- Objective Questions (Fill ups/MCQ) Literature Unit 5 Ch- Quality Poem : Trees | 2x2 1x2 | 6 |
| | | Total | 20 |

BLUE PRINT & WEIGHTAGE FOR MID TERM (22.09.2025) **BLUE PRINT & WEIGHTAGE FOR FINAL EXAM (2026)**

| Section | Topic | Marks | Total |
|-------------------------------|--|--|-----------|
| SEC A (Reading) | A1- Unseen Passage A2- Case based Unseen Passage | 8x1 7x1 | 15 |
| SEC B (Writing) | B1- Formal Letter Writing B2- Diary Entry B3- Story Writing B4- Grammar - Ch- 3 to 8, 13,15 and 22 Vocabulary - Proverbs, Binomials, Compound Adjective | 1x5 1x5 1x5 25x1 | 40 |
| SEC C (Literature) | C1- Seen passage / Seen Poem C2- Short Q./Ans. C3 - Long Q./Ans C4 - Word Meanings (MCQs) C5 - Back Exercises (MCQs) C6 - Phonics (Pg 27 to 32) (MCQs) Literature Unit II Ch - A Gift of Chappals Poem - Rebel Unit III Ch - Gopal and the Hilsa Fish Poem - The Shed Unit IV Ch - The Ashes That Made Trees Bloom Poem - Chivvy C4,C5,C6 can be in MCQ form | 3x1 4x2 1x3 6x0.5 6x0.5 1X5 | 25 |
| Total | | | 80 |

| Section | Topic | Marks | Total |
|-------------------------------|--|--|-----------|
| SEC A (Reading) | A1- Unseen Passage A2- Case based Unseen Passage | 8x1 7x1 | 15 |
| SEC B (Writing) | B1- Book Review/Data Interpretation B2- Informal Letter B3- Travelogue B4- Grammar - Ch- 12,14,17 to 21,23 and 24 Vocabulary - Portmanteau words, Onomatopoeia, useful phrases & expression on the Internet | 1x5 1x5 1x5 25x1 | 40 |
| SEC C (Literature) | C1- Seen passage / Seen Poem C2- Short Q./Ans. C3 - Long Q./Ans C4 - Word Meanings (MCQs) C5 - Back Exercise (MCQs) C6 - Phonics (Pg 55 to 60) (MCQs) Literature Unit VI Ch - Expert Detectives Poem : The Mystery Of the Talking Fan Unit VII Ch - The invention of Vita Wonk Poem - Dad & The Cat..... Poem - Garden Snake Unit VIII Ch : Homage to our brave soldiers Poem - Meadow Surprises | 3x1 4x2 2X3 6x0.5 4x0.5 3x1 | 25 |
| Total | | | 80 |

हिंदी कक्षा -VII (2025-26)

| महीने | वसंत | संदर्भ | व्याकरण | संदर्भ | बाल महाभारत | संदर्भ | कियात्मक कार्य | संसाधन |
|-------------------------|--|---|--|---|----------------------------|---|---|-------------------------------|
| अप्रैल 21 दिन | पाठ-1 हम पंछी उन्मुक्त गगन के (कविता) | पंछी का उन्मुक्त गगन के प्रति प्रेम | पाठ-1 भाषा और व्याकरण | मौलिक भाषा व लिपियों की जानकारी | पाठ-1, 2, 3, 4, 5, 6 | देवव्रत, कुंती व विदुर का जीवन परिचय | कविता का सस्वर वाचन खेल गतिविधि द्वारा | सुर व लय में गायन |
| | पाठ-2 हिमालय की बेटियाँ (पठित गद्यांश) | हिमालय से निकलने वाली नदियों का विवरण | पाठ-2 वर्ण – विचार | वर्ण के प्रकार, स्वर, व्यंजन, भेद उच्चारण प्रतिक्रिया | पाठ-7 कर्ण | सूर्य पुत्र कर्ण का परिचय | पाठ 2 – नदियों से होने वाले लाभ व मानचित्र द्वारा नदियों का प्रदर्शन | |
| | | | पाठ-3 शब्द-विचार | शब्दों के प्रकार, आगत, विदेशी, देशज आदि शब्दों द्वारा निर्माण | पाठ-8 द्रोणाचार्य | द्रुपद और द्रोणाचार्य की मित्रता | (Cycle Test 1 Activity) | |
| | | | अनुच्छेद- समय का संदुपयोग पृ.स.-184 | | | एक सुंदर भवन के रूप में छलावा | | |
| | | | संवाद लेखन पृ.स.180,181 | | | विदुर के द्वारा पांडवों की रक्षा | | |
| मई 21 दिन | पाठ-3 कठपुतली (कविता) | कठपुतली की स्वतन्त्र होने की इच्छा | पाठ-4 वाक्य-विचार | रचना के आधार पर वाक्य के भेद | पाठ-9 लाख का घर | अर्जुन और द्रौपदी का विवाह | वसंत पाठ 5 –आपकी गली में आने वाले फेरी वाले क्या – क्या बेचते हैं? उसके विषय में चर्चा | कठपुतली, श्यामपट्ट |
| | पाठ-4 (मिठाई वाला) | फेरीवालों के जीवन के उतार-चढ़ाव | पाठ-5 वर्तनी-विचार | वर्ण विचार शब्द विचार तथा अनुस्वार का ज्ञान अल्पप्राण महाप्राण भेद प्रत्यय के भेद कृत और तद्धित | पाठ-10 पांडवों की रक्षा | नए भवन का निर्माण का | प्रवाह चार्ट का निर्माण | अलग-अलग फेरीवालों पर चर्चा |
| | | | | | पाठ-11 द्रौपदी स्वयंवर | पांडवों और जरासंध का युद्ध | व्याकरण – पाठ 5 – 'वर्ग पहेली' (वर्तनी के आधार पर बनाना) | |
| | | | | | पाठ-12 इन्द्रप्रस्थ | | | |
| | | | | | पाठ-13 जरासंध | | | |

| महीने | वसंत | संदर्भ | व्याकरण | संदर्भ | बाल महाभारत | संदर्भ | क्रियात्मक कार्य | संसाधन |
|-----------------|--|--|--|---|---|---|--|--|
| जुलाई 24 दिन | पाठ-5 पापा खो गए पाठ-6 शाम एक किसान (कविता) (पठित काव्यांश) | एक बच्ची का अपने पापा के प्रति भाव प्रदर्शित करना किसान के समान ही पहाड़ों को दर्जा देना | पाठ-6 उपसर्ग पाठ-7 प्रत्यय पाठ-8 संधि अनौपचारिक पत्र पृ.सं.191 अनुच्छेद पृ.सं.185 टीवी वरदान भी अभिशाप भी | अर्थ, भेद, स्वर, व्यंजन व विसर्ग संधि उदाहरण, परिभाषा व संज्ञा के भेद (लिंग, वचन, कारक) | पाठ-14 शकुनि का प्रवेश पाठ-15 चौसर का खेल पाठ-16 धृतराष्ट्र की चिंता पाठ-17 भीम और हनुमान | शकुनि का दुर्योधन से संवाद चौसर का न्यौता पांडवों ने खोया अपना राजपाट सुंदर बंदर के रूप में हनुमान | पाठ 5 - कहानी वाचन पत्र - पत्र का प्रारूप तैयार करना (अनौपचारिक पत्र) पठित गद्यांश | बच्चों के भावों द्वारा प्रस्तुतिकरण अन्न उत्पादन में किसान की अहम् भूमिका को उदाहरणों द्वारा समझाना |
| अगस्त 19 दिन | पाठ-7 अपूर्व अनुभव | मन में चाह हो तो असमर्थ व्यक्ति भी हर कार्य कर सकता है। | पाठ-9 संज्ञा पाठ-10 सर्वनाम पाठ-11 विशेषण पाठ-12 क्रिया अनौपचारिक पत्र पृ.सं. 191 अनुच्छेद- कंप्यूटर आधुनिक यंत्र | परिभाषा, भेद व उदाहरण अर्थ, भेद, विशेषण की तुलना परिभाषा, भेद, प्रेरणार्थक क्रिया उदाहरण आदि | पाठ-18 द्वेष पाठ-19 मायावी सरोवर पाठ-20 यक्ष प्रश्न पाठ-21 अज्ञातवास पाठ-22 प्रतिज्ञा पूर्ति पाठ-23 विराट का भ्रम | दुर्योधन और शकुनि की चाल जलाशय द्वारा पांडवों की परीक्षा युधिष्ठिर का परीक्षा में उत्तीर्ण होना विराट द्वारा पांडवों को कार्यों पर नियुक्ति दुर्योधन द्वारा पांडवों का रहस्य खोलने का प्रयास भ्रम का पता लगाना | पाठ-7 (वसंत) कहानी वाचन व्याकरण - पाठ 11 - अपने विषय में विशेषण शब्दों से स्वयं की प्रशंसा करना | दृढ़ इच्छा शक्ति से सफलता को पाना। |

| महीने | वसंत | संदर्भ | व्याकरण | संदर्भ | बाल महाभारत | संदर्भ | कियात्मक कार्य | संसाधन |
|---------------------|---|--|--|--|---|---|---|---|
| अक्टूबर (16 दिन) | पाठ-8 रहीम के दोहे पाठ-9 एक तिनका (कविता) (पठित काव्यांश) | सच्चा मित्र वह है जो मुसीबत के समय काम आए व्यक्ति को स्वयं पर घमंड नहीं करना चाहिए | पाठ-13 काल अपठित गद्यांश (पृ.स.- 169,170, 171) अनुच्छेद-फैशन का बढ़ता प्रभाव संवाद लेखन पृ.स.-182 शिकायती पत्र पृ.सं.-193 | अभिप्राय,भेद,उपभेद | पाठ-24 मंत्रणा पाठ-25 राजदूत संजय पाठ-26 शांतिदूत श्री कृष्ण पाठ-27 पांडवों और कौरवों के सेनापति | अभिमन्यु का उत्तरा के साथ विवाह युद्ध की परिस्थिति को टालने का काम संजय को सौंपा गया पांडवों और कौरवों के बीच संधि की कोशिश धृष्टद्युम्न सेना नायक के रूप में | वसंत पाठ 8 — दोहों से मिलने वाली शिक्षा लिखना। पाठ 9 — कविता से प्राप्त सन्देश बताना | दोहों के द्वारा सामाजिक कुरीतियों का विरोध नैतिक मूल्यों को जीवन में उतारना। |
| नवम्बर (20 दिन) | पाठ-10 खानपान की बदलती तस्वीर (पठित गद्यांश) पाठ-11 नीलकंठ | संस्कृति में बदलाव मोर व मोरनी की विलाप | पाठ-14 अव्यय पाठ-15 समास पाठ-16 विराम-चिह्न औपचारिक पत्र पृ.स.-192 संवाद लेखन पृ.सं.-183 | अव्यय परिभाषा, उदाहरण और भेद प्रमुख विराम-चिह्न | पाठ-28,29,30 युद्ध आरंभ | युद्ध के प्रारंभिक दिन | वसंत — पाठ 10 — कक्षा में बच्चों द्वारा अलग अलग तरह के भोजन लाने को कहना पत्र का प्रारूप बनाना पाठ 11 — विद्यार्थियों द्वारा कहानी मंचन | संसार में जिसने घमंड किया, उसका पतन अवश्य हुआ सात्विक और तामसी भोजन की तुलना विभिन्न पक्षियों के चित्र दिखाना |

| महीने | वसंत | संदर्भ | व्याकरण | संदर्भ | बाल महाभारत | संदर्भ | क्रियात्मक कार्य | संसाधन |
|--------------------|---|--|--|---|---|--|--|--|
| दिसम्बर (23दिन) | पाठ-12 भोर और बरखा (कविता) पाठ-13 वीर कुँवर सिंह पाठ-14 संघर्ष के कारण मैं तुनकमिजाज.... | मीरा बाई द्वारा श्री कृष्ण के आने पर अपनी मनोदशा का वर्णन देश की आजादी के लिए उठाई आवाज हॉकी के प्रसिद्ध खिलाड़ी का साक्षात्कार | पाठ-17 पर्यायवाची शब्द पाठ-18 एकार्थक प्रतीत होने वाले शब्द पाठ-19 विपरीतार्थक (विलोम) शब्द पाठ-20 अनेक शब्दों के लिए एक शब्द | उदाहरण परिभाषा तथा विस्तृत उदाहरण उदाहरण, अर्थ विस्तृत सूची विस्तृत उदाहरण परिभाषा व विस्तृत सूची | पाठ-31 , 32 , 33 , 34 , 35 , 36 पाठ-37 अश्वत्थामा पाठ-38 युधिष्ठिर की वेदना | युद्ध की भयावता अश्वत्थामा की खोज शासन सूत्र ग्रहण करना | वसंत – पाठ 12 – सुर, लय, तान से कविता गायक पाठ 13 – वीर सेनानियों के चित्र एकत्र करना पाठ 14 – अपने पसंदीदा खिलाड़ी का चित्र पुस्तिका में चिपका कर उसके विषय में एकत्र जानकारी लिखना। (Cycle Test II Activity) | आस्था का आधार श्री कृष्ण के बारे में बताना स्मार्ट बोर्ड हिम्मत से मुसीबतों का सामना करना |
| जनवरी (17 दिन) | पाठ-15 आश्रम का अनुमानित व्यय | गांधी जी द्वारा आश्रम पर लगाए जाने वाले धन का अनुमान | पाठ-21 श्रुतिसम भिन्नार्थक शब्द पाठ-22 अनेकार्थक शब्द पाठ-23 मुहावरे व लोकोक्तियाँ अनुच्छेद पृ.सं..185 परिश्रम का महत्व | परिभाषा, तथा विस्तृत उदाहरण परिभाषा व विस्तृत सूची उदाहरण व वाक्य प्रयोग | पाठ-39 पांडवों का धृतराष्ट्र के प्रति व्यवहार पाठ-40 श्री कृष्ण और युधिष्ठिर | युधिष्ठिर के द्वारा धृतराष्ट्र की सेवा महाभारत की समाप्ति के उपरांत | वार्षिक परीक्षा की तैयारी हेतु समय सारिणी बनाना | समाज सेवा का भाव जागृत करना |
| फरवरी | पुनरावृत्ति | | | | | | | |

| BLUE PRINT CYCLE TEST I (05.05.2025) | | |
|--------------------------------------|---|---------|
| पाठ्यक्रम | विवरण | कुल अंक |
| खंड 'क' | अपठित बोध अपठित गद्यांश | 5 |
| खंड 'ख' | व्याकरण पाठ – 1 भाषा और व्याकरण | 5 |
| खंड 'ग' | वसंत पाठ-1 हम पंछी उन्मुक्त गगन के | 7 |
| खंड 'घ' | रचनात्मक लेखन अनुच्छेद लेखन (अप्रैल माह) | 3 |
| | कुल अंक | 20 |

| WEIGHTAGE CYCLE TEST I (05.05.2025) | | | |
|-------------------------------------|--|------------|---------|
| पाठ्यक्रम | विवरण | प्र० X अंक | कुल अंक |
| खंड 'क' | अपठित बोध अपठित गद्यांश | 5 x 1 | 5 |
| खंड 'ख' | व्याकरण निर्देशानुसार | 5x1 | 5 |
| खंड 'ग' | वसंत दीर्घ प्रश्न लघु प्रश्न | 2x2 3x1 | 4 3 |
| खंड 'घ' | रचनात्मक लेखन अनुच्छेद लेखन (अप्रैल माह) | 1x3 | 3 |
| | कुल अंक | | 20 |

BLUE PRINT CYCLE TEST II (12.12.2025)

| पाठ्यक्रम | विवरण | अंक |
|-----------|---------------------------------|-----|
| खंड 'क' | अपठित बोध | 5 |
| खंड 'ख' | व्याकरण पाठ-13 काल | 5 |
| खंड 'ग' | वसंत पाठ-8 रहीम के दोहे | 7 |
| खंड 'घ' | रचनात्मक लेखन पत्र (शिकायती) | 3 |
| | कुल अंक | 20 |

WEIGHTAGE CYCLE TEST II (12.12.2025)

| पाठ्यक्रम | विवरण | प्र० X अंक | कुल अंक |
|-----------|--|------------|---------|
| खंड 'क' | अपठित बोध अपठित गद्यांश | 5x1 | 5 |
| खंड 'ख' | व्याकरण निर्देशानुसार | 5x1 | 5 |
| खंड 'ग' | वसंत दीर्घ प्रश्न लघु प्रश्न | 2x2 3x1 | 7 |
| खंड 'घ' | रचनात्मक लेखन पत्र (शिकायती) अक्टूबर माह | 1x3 | 3 |
| | कुल अंक | | 20 |

BLUE PRINT & WEIGHTAGE MID TERM (19.09.25)

| पाठ्यक्रम | विवरण | प्र० X अंक | कुल अंक |
|-----------|--|--|---|
| खंड 'क' | अपठित बोध अपठित गद्यांश- बहुवैकल्पिक प्रश्न अपठित काव्यांश- बहुवैकल्पिक प्रश्न | 5 x 1 5 x 1 | 10 |
| खंड 'ख' | व्याकरण बहुवैकल्पिक प्रश्न कोष्ठक निर्देशानुसार पाठ 1 से 12 तक | 5 x 1 10 x 1 | 15 |
| खंड 'ग' | वसंत 1,3,4,5,7 पठित गद्यांश (पाठ - 2) पठित काव्यांश (पाठ - 6) लघु प्रश्न दीर्घ प्रश्न सन्देश प्रश्न वाक्य बनाओ बाल महाभारत लघु प्रश्न दीर्घ प्रश्न बाल महाभारत पाठ-16 से 20 | 5 x 1 5 x 1 5 x 1 6 x 2 2 x 2 3 x 1 4 x 1 2 x 2 | 5 5 5 12 4 3 4 4 |
| खंड 'घ' | रचनात्मक लेखन निबंध पत्र (अगस्त तक) अनौपचारिक संवाद लेखन | 1 x 5 1 x 5 1 x 3 | 13 |
| | कुल अंक | | 80 |

BLUE PRINT & WEIGHTAGE FINAL EXAM (.....2026)

| पाठ्यक्रम | विवरण | | कुल अंक |
|-----------|---|--|---|
| खंड 'क' | अपठित बोध अपठित गद्यांश- बहुवैकल्पिक प्रश्न अपठित काव्यांश- बहुवैकल्पिक प्रश्न | 5 x 1 5 x 1 | 10 |
| खंड 'ख' | व्याकरण बहुवैकल्पिक प्रश्न निर्देशानुसार पाठ - 13 से 23 | 5 x 1 10 x 1 | 15 |
| खंड 'ग' | वसंत पाठ-वसंत पाठ-8,11,12,13,14,15 पठित गद्यांश(पाठ - 10) पठित काव्यांश (पाठ- 9) लघु प्रश्न दीर्घ प्रश्न सन्देश प्रश्न वाक्य बनाओ बाल महाभारत लघु प्रश्न दीर्घ प्रश्न बाल महाभारत 28 से 30, 38से40 | 5 x 1 5 x 1 5 x 1 6 x 2 2 x 2 3 x 1 4 x 1 2 x 2 | 5 5 5 12 4 3 4 4 |
| खंड 'घ' | रचनात्मक लेखन निबंध औपचारिक पत्र संवाद लेखन | 1 x 5 1 x 5 1 x 3 | 13 |
| | कुल अंक | | 80 |

MATHEMATICS - GRADE-VII (2025-26)

(Book Name- NCERT- Mathematics Text book)

| Month | Name of the Chapter | Key Concept | Activity |
|----------------------------|--|---|---|
| April (21 Days) | Ch-1 Integers | *Addition, Subtraction, Multiplication and Division of Integers *Properties of Integers like Commutative and *Distributive, Associative | To prove multiplication of integers is commutative. |
| | Ch-2 Fractions and Decimals (Case Study) (Cycle Test I Activity) | *Multiplication and Division of Decimals. *Multiplication and Division by 10,100,1000. | To represent the product of decimal numbers on a graph sheet such as 0.7×0.3 and 0.5×0.5 . |
| May (21 Days) | Ch-3 Data Handling | *Collecting, organizing and representing data *Find mean, mode and median of given data *Make a double bar graph. | Compare the number of students in a school of five classes by drawing a bar graph by paper cutting and pasting. |
| July (24 Days) | Ch -4 Simple Equations | *Setting up and solving an equation by different methods. *Applications of simple equations. | Create atleast 5 equations and solve them. Mention variables & constant terms. |
| | Ch-5 Lines and angles | *Pair of Angles -Complementary -Supplementary -Adjacent -Linear pair -Vertically opposite angles *Angles formed by transversal *Angle of parallel line and transversal | Through paper cutting show alternate angles and Corresponding angles. |

| Month | Name of the Chapter | Key Concept | Activity |
|-------------------------------|--|--|---|
| August (19 Days) | Ch-6 The triangle and its properties (Case Study) | <ul style="list-style-type: none"> *Medians and altitudes of a triangle. *Exterior angle property. *Angle sum property. *Equilateral triangle property. *Pythagoras Property. | Determine median and altitude of a triangle by paper folding . |
| | Ch-8 Rational Numbers | <ul style="list-style-type: none"> *Introduction to Rational numbers, *Operations on Rational numbers | Representation of Rational numbers on number line |
| September | Revision for Mid Term Examination | | |
| October (16 Days) | Ch -7 Comparing Quantities | <ul style="list-style-type: none"> *Ratio and proportion. *Unitary method. *Converting fractions and decimals into percentage & vice versa. *Representing increase and decrease as percentage. *Application of profit and loss. *Application of simple interest. | A play related to unitary method, Profit & Loss |
| November (20 Days) | Ch-12 Symmetry (Cycle Test II Activity) | <ul style="list-style-type: none"> *Reflection symmetry *Idea of rotational symmetry *Operation of rotation through 90° and 180° | To determine the number of lines of symmetry of equilateral triangle and square by paper folding. |

| Month | Name of the Chapter | Key Concept | Activity |
|------------------------------|---|---|---|
| December (23Days) | Ch-9 Perimeter And Area | *Idea of Pie, Circumference of circle. *Concept of measurement using basic unit area of square ,rectangle, parallelogram and circle. *Area between two rectangles and two concentric circles. | Take a bottle cap or bangle or any other circular object and find it's circumference. |
| | Ch-11 Exponents and Powers (Case Study) | *Exponents - only natural numbers *Laws of Exponents *Exponential Form, Standard Form | Find Earth's maximum distance from sun and moon. Write these distance in standard form. |
| January (17 Days) | Ch -10 Algebraic Expressions (Case Study) | *Identifying Constants, coefficient, powers, like and unlike terms, degree of expression *Finding the value of an Expression. *Generating Algebraic Expressions. | Take match sticks or tooth picks of same length. Now join them in patterns using 7, 9, 11, 13 sticks. |
| | Ch-13 Visualising Solid Shapes | *Knowledge about various plane and solid figures *Building net of various 3D shapes. *Understanding different cross section views of a solid shapes. *Knowing different views of a 3D shape. | Cut out the nets of different 3-D shapes and paste them on A4 sheet. |
| February | Revision for Final Examination | | |

| WEIGHTAGE OF CYCLE TEST I (13.05.2025) | | |
|---|----------------------------|--------------|
| Chapter | Name of the Chapter | Marks |
| Ch-1 | Integers | 10 |
| Ch-2 | Fractions and Decimals | 10 |
| Total | | 20 |

| WEIGHTAGE OF CYCLE TEST II (8.12.2025) | | |
|---|----------------------------|--------------|
| Chapter | Name of the Chapter | Marks |
| Ch-7 | Comparing Quantities | 15 |
| Ch - 12 | Symmetry | 05 |
| Total | | 20 |

| BLUE PRINT CYCLE TEST I & II | | |
|---|---------------------------------|--------------|
| Question Pattern | No. of Questions x Marks | Total |
| M.C.Q./V.S.A | 2x1 | 2 |
| Short Questions I | 2x2 | 4 |
| Short Questions II | 2x3 | 6 |
| Long Questions | 2x4 | 8 |
| Total | | 20 |

BLUE PRINT MID TERM (12.09.2025)

| Question Pattern | No. of Questions x Marks | Total |
|---------------------|--------------------------|-------|
| M.C.Q./V.S.A | 20x1 | 20 |
| Short Questions I | 7x2 | 14 |
| Short Questions II | 6x3 | 18 |
| Long Questions | 4x5 | 20 |
| Case Study Question | 2x4 | 8 |

Total 80**WEIGHTAGE OF MID TERM (12.09.2025)**

| Chapter | Name of the Chapter | Marks |
|--------------|--------------------------------|-----------|
| Ch-1 | Integers | 10 |
| Ch-2 | Fractions and Decimals | 10 |
| Ch-3 | Data Handling | 10 |
| Ch-4 | Simple Equations | 12 |
| Ch-5 | Lines and Angles | 12 |
| Ch-6 | The Triangle & it's properties | 14 |
| Ch-8 | Rational Numbers | 12 |
| Total | | 80 |

BLUE PRINT FINAL TERM (2026)

| Question Pattern | No. of Questions x Marks | Total |
|----------------------|--------------------------|-----------|
| M.C.Q./V.S.A | 20x1 | 20 |
| Short Questions I | 7x2 | 14 |
| Short Questions II | 6x3 | 18 |
| Long Questions | 4x5 | 20 |
| Case Study Questions | 2x4 | 8 |
| Total | | 80 |

WEIGHTAGE OF FINAL TERM (2026)

| Chapter | Name of the Chapter | Marks |
|--------------|--------------------------|-----------|
| Ch-7 | Comparing Quantities | 16 |
| Ch- 9 | Perimeter and Area | 16 |
| Ch-10 | Algebraic Expressions | 16 |
| Ch-11 | Exponents & Powers | 16 |
| Ch-12 | Symmetry | 08 |
| Ch 13 | Visualizing Solid Shapes | 08 |
| Total | | 80 |

SCIENCE - GRADE VII (2025-26)

(Book Name- NCERT- Science Textbook)

| Month | Name of Chapter | KEY CONCEPT | DIAGRAM | EXPERIMENT / ACTIVITY |
|----------------------------|--|--|---|--|
| April (21 Days) | Ch-1 Nutrition in Plants | <ul style="list-style-type: none"> *Mode of Nutrition in Plants *Photosynthesis *Other modes of nutrition in plants *Saprotrophs *How nutrients are replenished in soil | Ch-1 (Diagram) 1. Plant showing Photosynthesis 2. Stomata 3. Pitcher Plant | To test a leaf for starch Chlorophyll is necessary for Photosynthesis. |
| | Ch-2 Nutrition in Animals (Cycle Test 1 Activity) | <ul style="list-style-type: none"> *Different ways of taking food *Digestion in humans *Absorption & Assimilation *Digestion in Ruminants *Digestion in Amoeba | Ch-2 (Diagram) 1. Digestion in Amoeba 2. Digestion in Ruminants 3. Digestion in Human beings (W.C) Types of Teeth | Web chart / Flow Charts /ppt |
| May (21 Days) | Ch-3 Heat (Case Study also) | <ul style="list-style-type: none"> *Measuring Temperature *Laboratory Thermometer *Clinical thermometer. *Modes of Transfer of Heat *Conduction, Convection *Radiation | Ch-3 (Diagram) Land breeze and Sea breeze, Clinical thermometer. (W.C) Modes of Transfer of Heat | Study of clinical and laboratory thermometer |
| | Ch-4 Acids, Bases & Salts | <ul style="list-style-type: none"> *Acids and Bases *Indicators *Neutralization *Neutralization in everyday life | Ch-4 (W.C) Properties of Acids & Bases (W.C) Neutralization reaction in daily life | Experiment with various indicators |

| Month | Name of Chapter | Key Concept | Diagram | Experiment / Activity |
|------------------------------|---|---|---|---|
| July (24 Days) | Ch- 5 Physical and chemical changes | *Difference between physical and chemical changes *Rusting of iron *Crystallization | Ch-5 (W.C) Characteristics of physical changes and chemical changes. (W.C) Methods to prevent rusting. | -Experiments showing physical and chemical changes at home -Magnesium Ribbon |
| August (19 Days) | Ch-6 Respiration in organisms (Case Study also) | *Breathing *How do we breathe (Inhalation & Exhalation) *What do we breathe *Breathing in animals *Breathing under water *How do plants respire? | Ch-6 (Diagram) 1. Human respiratory system (Inhalation & Exhalation) 2. Mechanism of breathing in human being (W.C.) Respiratory organ | Well labelled diagram of human respiratory system |
| September | Revision & Mid Term Examination | | | |
| October (16 Days) | Ch-7 Transportation in animals and plants (Case Study) | *Circulatory system *Working of heart *Excretory system in human beings *Transport system in plants | Ch7 (Diagram) 1. Human excretory system 2. Human circulatory system 3.Human excretory organs | To show that xylem conducts water and mineral in plant |

| Month | Name of Chapter | Key Concept | Diagram | Experiment / Activity |
|-------------------------------|--|--|--|--|
| October (16 Days) | Ch-8 Reproduction in plants (Cycle Test II Activity) | <ul style="list-style-type: none"> *Mode of reproduction *Types of pollination *Dispersal of seeds *Fertilization *Formation of fruits and seeds *Seed dispersal | Ch -8 (Diagram) 1. Reproduction in yeast by budding 2. Reproductive parts of flower 3. Fertilization (W.C)Modes of Reproduction in plants | Make a PPT on various various methods of reproduction in plant |
| November (20 Days) | Ch-9 Motion and time | <ul style="list-style-type: none"> *Speed *Measurement of time *Unit of time and speed *Measuring speed *Distance time graph | Ch-9 (Diagram) 1. Simple pendulum 2. Making a distance-time graph | Flash cards or charts explaining types of motion |
| | Ch-10 Electric currents and its effects | <ul style="list-style-type: none"> *Symbols of electric components *Heating effects of electric current *Magnetic effects of electric current *Electro magnet and its uses | Ch-10 (Diagram) 1. Symbols of electric circuit component 2. Circuit 3. Electro magnet 4. Electric bell | Making electric circuit |

| Month | Name of Chapter | Key Concept | Diagram | Experiment / Activity |
|-------------------------------|--|---|---|---|
| December (23 Days) | Ch-11 Light | *Rectilinear propagation of light *Reflection of light, Spectrum of Light *Plane mirror, Spherical mirror *Image formed by lens, Light and colors *Characteristics of image formed by *Concave & Convex mirror, *Concave & Convex lens. | Ch-11 (Diagram) 1. Convex and concave mirror and lens (WC) Characteristics of images formed by plane mirror | -Demonstrate light travels in straight line and reflection of light by plane mirror -Experiment with Concave/convex mirror and lens. |
| | Ch-12 Forests; Our life line (Case Study) | *Forest wealth *Interdependence of plants and animals *Food chain and food web *Conservation of forests | Ch-12(WC) 1. Balance of oxygen & carbon dioxide in nature 2. Importance of forest | Music Activity + Role play or skit |
| January (17 Days) | Ch-13 Waste water story | *Various uses of water *Sewage *Waste water treatment plants *Sewage disposal *Ways to control water pollution | Ch-13 Flow chart on WWTP | Prepare Presentation on water harvesting method |
| February | Revision for Final Examination | | | |

WEIGHTAGE OF CYCLE TEST I (09.05.2025)

| Chapter | Name of the Chapter | Marks |
|--------------|----------------------|-----------|
| Ch-1 | Nutrition in Plants | 10 |
| Ch-2 | Nutrition in Animals | 10 |
| Total | | 20 |

WEIGHTAGE OF CYCLE TEST II(17.12.2025)

| Chapter | Name of the Chapter | Marks |
|--------------|--------------------------------------|-----------|
| Ch-7 | Transportation in animals and plants | 10 |
| Ch-8 | Reproduction in plants | 10 |
| Total | | 20 |

BLUE PRINT CYCLE TEST I & II

| Question Pattern | No. of Questions x Marks | Total |
|--------------------|--------------------------|-----------|
| Very short Q / Ans | 3X1 | 3 |
| Short Q / Ans I | 3X2 | 6 |
| Short Q / Ans II | 2X3 | 6 |
| Long Q / Ans | 1X5 | 5 |
| Total | | 20 |

BLUE PRINT OF MID TERM (17.09.2025)

| Section | Question Pattern | No. of Questions | Marks | Total |
|---------|----------------------------|------------------|-------|-------|
| A | MCQ | 20 (1 - 20) | 20X1 | 20 |
| B | Very Short Q / Ans | 7 (21 - 27) | 7X2 | 14 |
| C | Short questions/ answer | 6 (28 - 34) | 6X3 | 18 |
| D | Long questions/answer | 4 (35 - 39) | 4X5 | 20 |
| E | Case study questions | 2 (40 - 41) | 2X4 | 8 |
| Total | | | | 80 |

WEIGHTAGE OF MID TERM (17.09.2025)

| Chapter | Name of the Chapter | Marks |
|---------|-------------------------------|-------|
| Ch 01 | Nutrition in plants | 10 |
| Ch 02 | Nutrition In Animals | 10 |
| Ch 03 | Heat | 16 |
| Ch 04 | Acids, Bases and Salts | 14 |
| Ch 05 | Physical and Chemical Changes | 14 |
| Ch 06 | Respiration in organism | 16 |
| Total | | 80 |

| BLUE PRINT OF FINAL EXAM (____2026) | | | | |
|--|----------------------------|-------------------------|--------------|--------------|
| Section | Question Pattern | No. of Questions | Marks | Total |
| A | MCQ | 20 (1 - 20) | 20X1 | 20 |
| B | Very Short Q / Ans | 7 (21 - 27) | 7X2 | 14 |
| C | Short questions/ answer | 6 (28 - 34) | 6X3 | 18 |
| D | Long questions/answer | 4 (35 - 39) | 4X5 | 20 |
| E | Case study questions | 2 (40 - 41) | 2X4 | 8 |
| Total | | | 80 | |

| WEIGHTAGE OF FINAL TERM (____2026) | | |
|---|--------------------------------------|--------------|
| Chapter | Name of the Chapter | Marks |
| Ch 7 | Transportation in animals and plants | 10 |
| Ch 8 | Reproduction in plants | 10 |
| Ch 9 | Motion and time | 10 |
| Ch 10 | Electric current and its effect | 14 |
| Ch 11 | Light | 12 |
| Ch 12 | Forest: our lifeline | 12 |
| Ch 13 | Waste Water Story | 12 |
| Total | | 80 |

SOCIAL SCIENCE - GRADE VII (2025-26)

(History- Our Pasts-II; Civics- Social & Political Life-II; Geo- Our Environment)

| Month | Name of Chapter | Key Concept | Map Work | Activity |
|---------------------------|---|---|---------------|---|
| April (21 days) | History:- Ch.1 Tracing Changes through a thousand years | New and old terminologies Historians and their resources Thinking about time and historical periods | Pg. -33,37,45 | Poster making on Manuscript vs Digital text |
| | Civics:- Ch.1 On Equality | Recognising dignity Equality in Indian democracy | — | Paragraph writing |
| | Geo:- Ch.1 Environment | Components of environment Ecosystem Human environment | Pg. - 5 | Debate on the role of humans in global warming. |
| | Geo:- Ch.2 Inside our Earth | Interior of the earth Rocks and minerals Rock Cycle Uses of rocks | Pg. - 7 | Draw a diagram of 'Inside our Earth' |
| May (21 days) | History:- Ch.2 Kings and Kingdoms (Case Study Term I) | The emergence of new dynasties Administration in the kingdom Prashastis and land grants | Pg. - 47 | Trace the key developments in the North and South India from 7th to 12th centuries. |
| | Civics:- Ch.2 Role of Govt. in Health | Healthcare in India Public healthcare services Private health services Role of opposition | — | Make a report on any 5 blood donation camps in your locality |

| Month | Name of Chapter | Key Concept | Map Work | Activity |
|-----------------------------|---|---|---|--|
| May (21 days) | Civics:- Ch.3 How the state govt. works Civics:- Ch. 4 Growing up as Boys & Girls (For Cycle Test- I Activity) | To know about M.L.A. & how is he elected? Working of the govt. Wallpaper Project Inequalities between boys and girls Valuing housework Women's work and equality | Pg. - 9 | Make a PPT of 10 states of India having maximum number of constituencies. Make a project of Samoa island and Madhya Pradesh describing the discrimination between boys and girls. |
| July (24days) | History:- Ch.3 Delhi :12th to 15th Century Geo:- Ch.3 Our Changing earth | Finding about the Delhi Sultans From Garrison Town to Empire Administration and Consolidation under the Khaljis and Tughluqs Earthquakes, Volcanos, Work of a river, Work of the sea waves, Work of wind, Work of ice | Pg.- 49,51,53, 55,57 Pg. - 15 | Make a PPT on the building built between the 12th-15th century |
| August (19 days) | History:- Ch-4 The Mughals (16th to 17th Century) Geo:- Ch.4 Air | To know about origin of Mughals, Mughal relations with other rulers, Mansabdar and jagirdars Akbar's Policies To study about the composition of Atmosphere. To know about different types of winds. To learn about air pressure. | Pg. - 59,61,63 Pg. - 19,31, 35,37, | QUIZ - Each student shall prepare a quiz of 20 questions on the Mughal Empire. Make a diagram of Composition of atmosphere on A4 sheet |

| Month | Name of Chapter | Key Concept | Map Work | Activity |
|-----------------------|---|--|-----------------------|---|
| September | | Revision & Mid Term Examination | | |
| October (16 days) | History:- Ch.5 Tribes, Nomads & Settled Communities (For Cycle Test II Activity) | To know about the Tribal societies New Castes and hierarchies The Gonds and The Ahoms | - | Make a collage on tribes and also describe their life. |
| | Geo:- Ch.5 Water | To know about water Cycle. To study about Tides, waves and ocean currents. | Pg. -11,21, 23, 25,27 | Make a diagram of water cycle in your notebooks |
| | Civics:- Ch.5 Woman change the World | Stereotypes on girls Fewer opportunities and rigid expectations from women Women's movement | — | Make a collage on Women achievers of India on A4 Size sheet. |
| November (20 days) | Geo:- Ch.6 Human Environment interactions- The tropical and the Subtropical Region | The life in the Amazon Basin Life of People living in rainforests area Life in the Ganga Brahmaputra Basin | Pg. - 13,29, 39,41 | Make a list of the economic activities, flora & flora of tropical and sub -tropical and sub tropical regions. |
| | Civics:- Ch. 6 Understanding media | Media and technology Media Money Media and democracy & Censorship | — | Collage on different Social Advertisements. |

| Month | Name of Chapter | Key Concept | Map Work | Activity |
|-------------------------------|---|--|----------|---|
| November (20 days) | History:- Ch.6 Devotional Paths to Divine (Case Study Term II) | *The idea of a Supreme God, A new kind of Bhakti, The saints of Maharashtra, Islam & Sufism, Baba Guru Nanak | - | Make a project on the teachings of Guru Nanak Dev Ji, Kabir Das and Sufi Saints |
| December (23 days) | History:- Ch.7 The making of regional culture | *Rulers and religions traditions, the rajputs and traditions of heroism, the tradition of miniatures , pirs & temples. | — | Choose a state and make a collage of different types of people, their food and clothes. |
| | Geo :- Ch.7 Life in the Desert | To know about the two type of deserts -The Cold and The Hot The life of the people and Flora and Fauna of Cold desert The life of the people and Flora and Fauna of Hot desert | Pg. - 17 | Find out the Indian hot desert on the map & make flash cards on flora and fauna of this desert. |
| | Civics:- Ch.7 Market around us | Weekly markets Shops in the neighbourhoods Shopping complexes and Malls Chain of markets Markets and equalities Online Purchases | — | Flow Chart on the chain of Markets. Gather a information from different kind of market and do Roleplay with group |

| Month | Name of Chapter | Key Concept | Map Work | Activity |
|------------------------------|--|--|-------------|--|
| January (17 days) | History:- Ch.8 Eighteenth Century Political Formation | The crisis of the Empire and the later Mughals The old Mughal Provinces Emergence of The Marathas ,The Jats & the Sikhs. | Pg. - 67,69 | Write a project report on the Punjab under “Maharaja Ranjit Singh” |
| | Civics:- Ch. 8 A shirt in the market | A cotton farmer The clothe market Putting Out system Market and equality An exporter | Pg. - 65 | Draw a flow chart on the process of making a shirt (starting from growing cotton) |
| February | Revision for Final Examination | | | |

WEIGHTAGE OF CYCLE TEST I (07.05.2025)

| Chapter | Name of the Chapter | Marks |
|----------------|---|-----------|
| History | Ch-1 Tracing changes through thousand years | 6 |
| Civics | Ch-1 On Equality | 7 |
| Geo. | Ch-1 Our Environment | 7 |
| | Total | 20 |

WEIGHTAGE OF CYCLE TEST II (15.12.2025)

| Chapter | Name of the Chapter | Marks |
|---------------|-----------------------------|-----------|
| Civics | Ch-5 Women change the world | 10 |
| Geo. | Ch-5 Water | 10 |
| | Total | 20 |

BLUE PRINT CYCLE TEST I & II

| Question Pattern | No. of Questions x Marks | Total |
|--|--------------------------|-----------|
| Very Short Questions (Fill ups / MCQ / One line answers) | 4 x 1 | 4 |
| Short Questions | 2 x 3 | 6 |
| Long Questions | 2 x 5 | 10 |
| | Total | 20 |

BLUE PRINT MID TERM (15.09.2025)

| Question Pattern | No. of Questions x Marks | Total |
|--|--------------------------|-----------|
| MCQ , Fill Ups , Match the column , One line answers | 20 x 1 | 20 |
| Very Short Questions | 6 x 2 | 12 |
| Short Questions | 5 x 3 | 15 |
| Long Questions | 4 x 5 | 20 |
| Case Study | 2 x 4 | 8 |
| Map | | 5 |
| | Total | 80 |

WEIGHTAGE OF MID TERM (15.09.2025)

| Chapter | Name of the Chapter | Marks |
|----------------|---|-----------|
| History | Ch-2 Kings and Kingdoms (Case study) | 08 |
| | Ch-3 Delhi:12th to 15th Century | 09 |
| | Ch-4 The Mughals (16th to 17th Century) | 09 |
| | | |
| Civics | Ch-2 Role of government in Health | 09 |
| | Ch-3 How the state Government works | 10 |
| Geo. | | |
| | Ch-2 Inside our Earth | 10 |
| | Ch-3 Our changing Earth | 10 |
| | Ch-4 Air | 10 |
| Map | Pg. 9,15,49,51,59,63 | 05 |
| | Total | 80 |

| BLUE PRINT FINAL TERM (2026) | | |
|---|---------------------------------|--------------|
| Question Pattern | No. of Questions x Marks | Total |
| MCQ , Fill Ups , Match the column , One line answers | 20 x 1 | 20 |
| Very Short Questions | 6 x 2 | 12 |
| Short Questions | 5 x 3 | 15 |
| Long Questions | 4 x 5 | 20 |
| Case Study | 2 x 4 | 8 |
| Map | | 5 |
| | Total | 80 |

| WEIGHTAGE OF FINAL TERM (2026) | | |
|--|---|--------------|
| Chapter | Name of the Chapter | Marks |
| History | Ch-6 Devotional Path to the Devine (Case study) | 08 |
| | Ch-7 The making of Regional culture | 09 |
| | Ch-8 18 th Century Political Formation | 10 |
| | | |
| Civics | Ch. 6 Understanding Media | 09 |
| | Ch. 7 Market around us | 09 |
| | Ch. 8 A shirt in the market | 10 |
| | | |
| Geo. | Ch.6 Human Environment interactions- The tropical and the Subtropical Region | 10 |
| | Ch 7 Life in the desert | 10 |
| | | |
| Map | Pg. No. 11,15,17,25,41,67,69 | 05 |
| | Total | 80 |

संस्कृत कक्षा— VII (2025-26)

| माह | व्याकरण | संस्कृत बाल कलिका भाग-2 | क्रियात्मक कार्य |
|------------------|--|--|--|
| अप्रैल 21 दिन | अकारान्त पुल्लिङ्ग शब्द लट् लकार(वर्तमान काल) शब्दार्थ वाक्यों का हिन्दी अनुवाद आकारान्त स्त्रीलिङ्ग शब्द लट् लकार(वर्तमान काल) शब्दार्थ, वाक्यों का हिन्दी अनुवाद फलानां नामानि | पाठ- 1 सः कः अस्ति? पाठ- 2 एषा पाठशाला | अकारान्त शब्दरूप की पहचान एवं शब्दरूप । मम् परिचय । |
| मई 21 दिन | अकारान्त नपुंसकलिङ्ग शब्द लट् लकार(वर्तमान काल) शब्दार्थ संस्कृत रूपान्तर्ण हिन्दी अनुवाद अपठित गद्यांश-1,2 पृ.सं-133,134 संवाद-1,2 तक पृ.सं-139 संख्या-1 से 25 (पृ.सं.-97) धातुरूप लृट् लकार (भविष्यत् काल) | पाठ-3 'मधुरं शीतलं जलं' पाठ-4 सर्वनाम प्रयोगः | नपुंसकलिङ्ग शब्दों की पहचान एवं शब्दरूप । तीनों लिङ्गों में शब्दों का प्रयोग,वचन प्रयोग । |

| माह | व्याकरण | संस्कृत बाल कलिका भाग-2 | क्रियात्मक कार्य |
|-----------------|---|--|--|
| जुलाई 24 दिन | <ul style="list-style-type: none"> शब्दार्थ हिन्दी अनुवाद सर्वनाम पद व संज्ञा पद का ज्ञान अव्यय पद का प्रयोग शब्दार्थ लङ् लकार (प्र.पु एकवचन) हिन्दी अनुवाद क्रिया व मूल धातु शब्दार्थ लङ् लकार (प्र.पु द्विवचनम्) वाक्यों को क्रम में करना <p>परिशिष्ट सन्धि – दीर्घ, गुण</p> | <p>पुनरावृत्ति 1 से 4</p> <p>पाठ-5 बुद्धिः यस्य बलं तस्य</p> <p>पाठ-6 लङ् लकार (प्र.पु एकवचन)</p> <p>पाठ-7 लङ् लकार (प्र.पु द्विवचनम्)</p> | <p>कर्ता क्रिया वाक्य वार्तालाप ।</p> <p>शब्दरूप लिखना ।</p> |
| अगस्त 19 दिन | <ul style="list-style-type: none"> शब्दार्थ लङ् लकार बहुवचन अनुवाद कर्ता व क्रिया पद का मिलान वाक्यों को उचित क्रम में लिखना ७ शब्दार्थ हिन्दी अनुवाद वाक्य बनाना सोच का विस्तार करना शब्दार्थ अव्यय शब्दों से वाक्य निर्माण | <p>पाठ-8 लङ् लकार (प्र.पु. बहुवचन)</p> <p>संवाद 3 पृ. सं.-139</p> <p>चित्र लेखन 1,2 पृ.सं.-143,144</p> <p>पाठ-15 अव्यय प्रयोग</p> <p>अपठित गद्यांश 3</p> | <p>वाक्य रचना ।</p> <p>संख्या प्रयोग, वाक्य प्रयोग ।</p> |
| सितम्बर | पुनरावृत्ति परीक्षा एवम् अर्धवार्षिक परीक्षा | | |

| माह | व्याकरण | संस्कृत बाल कलिका भाग-2 | क्रियात्मक कार्य |
|-------------------|--|--|---|
| अक्टूबर 16 दिन | <ul style="list-style-type: none"> • शब्दार्थ • लङ्. लकार मध्यम पुरुष • लङ्. लकार की उचित क्रिया पद • मेलनम् • निर्देशानुसार वचन परिवर्तन • शब्दार्थ • उचित कर्तृपद का प्रयोग • लङ्. लकार परिवर्तन • शब्दार्थ • हिन्दी अनुवाद • शब्दार्थ • हिन्दी अनुवाद | <p>पाठ-9 लङ्. लकार (मध्यम पुरुष) उभयलिंग)</p> <p>पाठ-10 लङ्. लकार (उत्तम पुरुष)</p> <p>अपठित गद्यांश-4 पृ०स० -135</p> <p>संवाद- 4, 5 पृ०स० - 140</p> | <p>लकार परिवर्तन ।</p> <p>प्रत्यय ज्ञान एवं प्रयोग ।</p> |
| नवम्बर 20 दिन | <ul style="list-style-type: none"> • शब्दार्थ • हिन्दी अनुवाद • एक शब्द में उत्तर • प्रश्न-निर्माण <p>हिन्दी अनुवाद लोट लकार रूप वाक्य बनाना, सोच का विस्तार करना शब्दार्थ हिन्दी अनुवाद</p> | <p>पाठ-11 रामलीला भविष्यति लृट् लकार</p> <p>पाठ-12 लोट् लकार प्रयोगः</p> <p>चित्र लेखन-3, 4 पृ०स० - 145, 146</p> <p>अपठित गद्यांश - 5 पृ०स०-135, 136</p> <p>संवाद- 6</p> | <p>धातुओं को लोटलकार में परिवर्तित करना ।</p> <p>संस्कृत भाषा में लेख लिखना ।</p> |

| माह | व्याकरण | संस्कृत बाल कलिका भाग-2 | क्रियात्मक कार्य |
|-------------------|--|--|---|
| दिसम्बर 23 दिन | <ul style="list-style-type: none"> शब्दार्थ हिन्दी अनुवाद मेलनम् एकपद प्रश्न पूर्ण वाक्य प्रश्न शब्दार्थ श्लोक का अर्थ विपरीतार्थक शब्द विशेषण शब्द वाक्य प्रयोग रिक्त स्थान मेलनम् रिक्त स्थान एकपदेन उत्तर | <p>पाठ-13 पश्य, कः आगतः</p> <p>पाठ-14 सुवचनानि</p> <p>पाठ-16 विशेषण — विशेष्याणि</p> <p>अपठित गंद्यांश — 6</p> | संस्कृत भाषा में छात्रों द्वारा वार्तालाप । सस्वर श्लोक वाचन । |
| जनवरी 17 दिन | <p>शब्दार्थ</p> <p>विभक्ति प्रयोग</p> <p>25 से 50 तक संस्कृत में संख्या लिखना</p> <ul style="list-style-type: none"> घड़ी को देखकर रिक्त स्थान पूर्ति मेलनम् <p>आदर्श प्रश्न पत्र- 2</p> | <p>पाठ-17 उपपद विभक्ति</p> <p>पाठ-18 संख्यावाचक शब्द</p> <p>पाठ-19 कः समयः (घटिका)</p> <p>अपठित गंद्यांश — 7</p> | प्रश्न-निर्माण । दिनचर्या लेखन । |
| फरवरी | पुनरावृत्ति परीक्षा | | पुनरावृत्ति परीक्षा |

BLUE PRINT & WEIGHTAGE CYCLE TEST-I (19.05.25)

| क्र.स. | विषय | अंक |
|--------|--|-----------------------|
| 1 | पाठ—1,2 शब्दार्थ क्रिया पद को शुद्ध करो वचन परिवर्तन करो क्रिया का उचित रूप भरो हिंदी भाषा में अनुवाद करो | 2 2 2 2 2 |
| | कुल | 10 |
| 2 | व्याकरण- शब्द रूप—राम, लता धातु रूप— गम्, पठ्, वद् (लट् व लृट् लकार) फलानां नामानि संख्या-1 से 25 | 3 3 2 2 |
| | कुल | 10 |
| | कुल अंक | 20 |

BLUE PRINT & WEIGHTAGE CYCLE TEST-II (05.12.25)

| क्र.स. | विवरण | अंक | कुल अंक |
|----------|--|---|---------|
| खण्ड 'क' | अपठित अवबोधनम् 4,5 | 1x3=3 | 3 |
| खण्ड 'ख' | रचनात्मक—कार्यम् संवाद 4,5 | 1x2=2 | 2 |
| खण्ड 'ग' | व्याकरणम् शब्द रूप— लता, देव, नदी, धातु रूप— नम् पठ्, भू, वद् (लट्, लृट्, लङ्.) अव्यय मूल धातु संख्या 1 — 25 | 1x2=2 1x2=2 0.5x2=1 0.5x2=1 0.5x2=1 | 7 |
| खण्ड 'घ' | पाठ्य पुस्तक पाठ—9,10,11,12 मेलनम् उचित कर्तापद लिखत लङ्, लकारे परिवर्तन हिन्दी भाषा में अनुवाद प्रश्न निर्माण | 0.5x4=2 0.5x2=1 1x2=2 1x2=2 0.5x2=1 | 8 |
| | कुल | | 20 |

BLUE PRINT & SYLLABUS- MID TERM EXAM (24.09.2025)

| खण्ड | विषय | अंक | कुल अंक |
|----------|---|---|-----------|
| खण्ड 'क' | अपठित अवबोधनम् अपठित गद्यांश 1, 2, 3 | 05 | 05 |
| खण्ड 'ख' | रचनात्मक-कार्यम् संवाद 1, 2, 3 चित्र लेखनम् 1, 2 | 5x1=1 5x1=1 | 10 |
| खण्ड 'ग' | व्याकरणम् शब्द रूप — देव लता नदी धातु रूप — नम् पठ्, वद्, भू (लट्, लृट् व लङ्. लकार) सन्धि — दीर्घ, गुण मूल धातु अव्यय विभक्ति वचन | 10x0.5=5 10x0.5=5 5x1=5 5x1=5 5x1=5 10x0.5=5 | 30 |
| खण्ड 'घ' | पठित अवबोधनम् पाठ— 1,2,3,4,5,6,7,8,15 उचित कर्ता , क्रिया वचन परिवर्तन प्रश्न निर्माण हिन्दी अनुवाद परस्पर मेलनम् रिक्त स्थान शब्दार्थ लकार परिवर्तन उचित क्रमेण लिखत | 5x1=5 4x1=4 4x1=4 4x1=4 6x0.5=3 3x1=3 6x0.5=3 4x1=4 5x1=5 | 35 |
| | Total | | 80 |

BLUE PRINT & SYLLABUS- FINAL TERM EXAM (____26)

| खण्ड | विषय | अंक | कुल अंक |
|----------|--|---|-----------|
| खण्ड 'क' | अपठित अवबोधनम् अपठित गद्यांश —5,6,7 | 05 | 05 |
| खण्ड 'ख' | रचनात्मक-कार्यम् संवाद 4,5,6 चित्र लेखनम् — 3, 4 | 1x5=5 1x5=5 | 10 |
| खण्ड 'ग' | व्याकरणम् शब्द रूप— देव, लता , नदी, फल, एतत् पुल्लिङ्ग धातु रूप — पा, दृश्, पठ्, पच, नम्, वद् (लट्, लोट् व लङ्. लकार) सन्धि — वृद्धि संधि प्रत्यय अव्यय विशेषण विशेष्य संख्या 25 — 50 | 10x0.5=5 10x0.5=5 1x4=4 1x4=4 1x4=4 1x4=4 1x4=4 | 30 |
| खण्ड 'घ' | अपठित अवबोधनम् पठित पद्यांश — पाठ 14 पाठ— 9 से 19 उचित कर्ता , क्रिया उचित क्रमेण वचनम् परिवर्तनम् लङ्. लकार परिवर्तनम् हिन्दी अनुवाद अशुद्धि संशोधनम् प्रश्न निर्माण मेलनम् रिक्त-स्थान उचित विशेषण उचित उपपद विभक्ति समय दृष्ट्वा लिखत | 1x4=4 1x4=4 1x3=3 1x2=2 1x2=2 1x3=3 1x2=2 1x3=3 2x0.4=2 2x0.4=2 2x0.4=2 1x3=3 1x3=3 | 35 |
| | Total | | 80 |

COMPUTER - GRADE VII (2025-26)

(Book Name- Bits to Bots)

| Month (Days) | Name of the Chapter | Learning Outcomes | Activity / Practical |
|--------------|--------------------------------------|--|--|
| April | Ch-1 Number System | Introduction to Number System, Identifying its types, Bits & Bytes, Conversion of One number system into another | Lab Activity from book given on (Pg. 15) Create a Powerpoint Presentation showing 'Methods of conversion of different Number Systems' |
| May | Ch-2 GIMP- An Introduction | Understanding the features, components various tools, color modes and filters of GIMP. | Do Lab Activity from book given on Page 34 |
| July | Ch-3 GIMP- Working with Layers | Creating layers in GIMP and adding images on it. Understanding the working of layer and its various blending modes. | Do Lab Activity from book given on Page 52 |
| | Ch-4 Internet- Ethics & Safeguard | About Internet, Various potential threats on the Web and understanding role of Parents and Teacher in protecting children from cybercrime. | Do Lab Activity from book given on Page 62 |
| August | Ch-5 Google Apps | Identify various types of Google Apps. Understanding Android OS & its types. Various Google devices and their uses. | Project given on Pg. 72-73 |

Revision for Mid-Term Examination

| Month (Days) | Name of the Chapter | Learning Outcomes | Activity / Practical |
|---------------------|---|--|---|
| September | Mid-Term Examination | | |
| October | Ch-6 HTML5 -Images, Links & Table | Understanding how to insert images on a web page, creating numbered and bulleted list in it. Linking webpages and inserting tables in a web page. | Do Lab Activity from book given on Page 91 |
| November | Ch-7 HTML 5 - Form and Multimedia | Understanding input control and its types, creating and adding forms on web pages. Adding multimedia on web pages | Do Lab Activity from book given on Page 105 |
| December | Ch-8 JavaScript- An Introduction | Understanding JavaScript, its statements and advantages. Adding JavaScript to the web page. Creating variables, pop-up boxes and use of operators and functions in JavaScript. | Do Lab Activity from book given on Page 120 |
| | Ch-10 AI for Sustainable Development Goals | Understanding Sustainable Development, its pillars and 17 SDGs. Role of AI in achieving SDGs and ethical concerns of AI related to data. | Do Activity as well as Lab Activity from book given on Page 148 |
| January | Ch-9 Python - Conditional Control Structures | Identify different operators, operator precedence, different types of statements and conditional control structures. | Do Lab Activity from book given on Page 134 |
| February | Revision for Final Examination | | |

BLUE PRINT CYCLE TEST I (02.05.2025)

| Question Pattern | No. of Questions x Marks | Marks |
|------------------------------------|--------------------------|-----------|
| MCQ | 4 x 0.5 | 2 |
| Fill Ups | 4 x 0.5 | 2 |
| Differentiate | 1 x 2 | 2 |
| Short Questions | 3 x 1 | 3 |
| Long Question | 2 x 2 | 4 |
| Web Chart | 2 x 1 | 2 |
| Work Completion/Practical/Activity | ----- | 5 |
| | Total | 20 |

WEIGHTAGE - CYCLE TEST I (02.05.2025)

| Chapter | Name of the chapter | Marks |
|---------|--|-----------|
| 1 | Number System Work Completion/Practical/Activity | 15 05 |
| | Total | 20 |

BLUE PRINT CYCLE TEST II (01.12.2025)

| Question Pattern | No. of Questions x Marks | Marks |
|------------------------------------|--------------------------|-----------|
| MCQ | 4 x 0.5 | 2 |
| Fill Ups | 4 x 0.5 | 2 |
| Differentiate | 1 x 2 | 2 |
| Short Questions | 3 x 1 | 3 |
| Long Question | 2 x 2 | 4 |
| Web Chart | 2 x 1 | 2 |
| Work Completion/Practical/Activity | ----- | 5 |
| | Total | 20 |

WEIGHTAGE - CYCLE TEST II (01.12.2025)

| Chapter | Name of the chapter | Marks |
|---------|---|-----------|
| 6 | HTML5 -Images, Links & Table Work Completion/Practical/Activity | 15 05 |
| | Total | 20 |

BLUE PRINT - MID TERM (10.09.2025)

| Question Pattern | No. of Questions x Marks | Marks |
|------------------------------------|--------------------------|-----------|
| MCQ | 4x1 | 04 |
| Fill Ups | 4x1 | 04 |
| True/False | 4x1 | 04 |
| Define | 4x1 | 04 |
| Short Questions | 4x2 | 08 |
| Long Question | 3x3 | 09 |
| Web Chart | 1x2 | 02 |
| Work Completion/Practical/Activity | ---- | 05 |
| | Total | 40 |

BLUE PRINT - FINAL EXAM (____ 2026)

| Question Pattern | No. of Questions x Marks | Marks |
|------------------------------------|--------------------------|-----------|
| MCQ | 4x1 | 04 |
| Fill Ups | 4x1 | 04 |
| True/False | 4x1 | 04 |
| Define | 4x1 | 04 |
| Short Questions | 4x2 | 08 |
| Long Question | 3x3 | 09 |
| Web Chart | 1x2 | 02 |
| Work Completion/Practical/Activity | ---- | 05 |
| | Total | 40 |

WEIGHTAGE - MID TERM (10.09.2025)

| Chapter | Name of the chapter | Marks |
|---------|---|-----------|
| Ch-2 | GIMP- An Introduction | 08 |
| Ch-3 | GIMP-Working with Layers | 09 |
| Ch-4 | Internet- Ethics & Safeguard | 09 |
| Ch-5 | Google Apps | 09 |
| | Work Completion/Practical/Activity | 05 |
| | Total | 40 |

WEIGHTAGE - FINAL EXAM (____ 2026)

| Chapter | Name of the chapter | Marks |
|---------|---|-----------|
| Ch-7 | HTML 5 - Form and Multimedia | 09 |
| Ch-8 | JavaScript- An Introduction | 08 |
| Ch-9 | Python - Conditional Control Structures | 09 |
| Ch-10 | AI for Sustainable Development Goals | 09 |
| | Work Completion/Practical/Activity | 05 |
| | Total | 40 |

LIFE SKILLS-GRADE VII (2025-26)
(Syllabus to be pasted here.)

LIFE SKILLS-GRADE VII (2025-26)
(Syllabus to be pasted here.)

GENERAL KNOWLEDGE- GRADE VII (2025-26)

(Book Name-GK Frontiers)

| Month (Days) | Name of the Chapter | Key Concept | Activity |
|---------------|--|---|---|
| April | Unit - 1 - Natural World Chapter -1 to 5 Unit - 7 - Aptitude Test; Chapter -26 | Enhancing knowledge about flora and fauna | On a ruled sheet write about five endangered animals. |
| May | Unit - 2 - Science and Technology Chapter - 6 to 9 Unit - 3 - India and the World Chapter - 10 to 11 Unit - 7 - Aptitude Test ; Chapter-27 | Enhancing knowledge about advancement in Science and Technology. | Classroom discussion on medical specialists and energy sources. |
| July | Unit - 3 - India and the World Chapter - 12 to 15 Unit -4 - Art and Leisure Chapter - 16 to 18 Unit -5 - Sports and Games Chapter - 19 to 22 Unit - 7 - Aptitude Test ; Chapter -28 | To know about Indian tribes and regions. To know about genre in music. | Discussion on development of Indian film industry. |
| August | Unit - 6 - Language and Literature Chapter - 23 to 25 Unit - 7 - Aptitude Test ; Chapter-29 Unit -8 Value Education and Life Skills <i>Ch-30 (Reading & Discussion only)</i> Chapter - 31 to 32 Unit -9 - Mother Earth; Chapter - 33 Unit -10 - Health and Fitness Chapter - 34 | Enhance knowledge on Indian Epics. Enhance knowledge on first aid to be given in different situations. | On a ruled sheet, write about any two Indian epics. |

| | | | |
|------------------|---|--|---|
| September | Revision & Mid Term Examination; Model Test Paper- I | | |
| October | Unit - 1 - Natural World Chapter 35 to 39 Unit - 7 - Aptitude Test; Chapter -26 | Enhance knowledge about extinct giants endemic animal species and natural phenomena. | Paste the pictures of 5 endemic animal species. |
| November | Unit - 2 - Science and Technology Chapter - 40 to 43 Unit - 3 - India and the World Chapter - 44 to 45 Unit - 7 - Aptitude Test ; Chapter -60 | Enhance knowledge about Space missions and branches of science. To know about Indian Constitution and Parliamentary system. | Classroom discussion on Science missions and branches of science. |
| December | Unit - 3 - India and the World Chapter - 46 to 49 Unit -4 - Art and Leisure Chapter - 50 & Chapter-51 (Activity) Unit -5 - Sports and Games Chapter - 52 to 55 Unit - 7 - Aptitude Test ; Chapter -61 | To know about disasters and tragedies. | Make a note on Parliamentary system on A4 size sheet. |
| January | Unit - 6 - Language and Literature Chapter - 56 to 58 Unit - 7 - Aptitude Test ; Chapter -62 Unit -8 Value Education and Life Skills <i>Ch-63 (Reading & Discussion only)</i> Chapter-64 Unit -9 - Mother Earth; Chapter - 65 Unit -10 - Health and Fitness <i>Ch-66 (Reading & Discussion only)</i> | To know about Noble prize in Literature. To know about various Yoga techniques and their benefits. | Classroom discussion on Indian Women Novelists. |
| February | Revision & Final Examination; Model Test Paper- II, Ask more , know more - Reading and discussion for Final Term | | |

| BLUE PRINT - CYCLE TEST I & II | | |
|---|---------------------|-----------|
| Ques. Pattern | No. of Ques x Marks | Marks |
| Life Skills : | | |
| MCQ | 6 x 0.5 | 3 |
| Fill Ups | 3 x 1 | 3 |
| Short Q/Ans | 3 x 1 | 3 |
| General Knowledge : | | |
| MCQ | 6 x 0.5 | 3 |
| Fill Ups | 3 x 1 | 3 |
| Short Q/Ans | 3 x 1 | 3 |
| Work Completion | | 2 |
| | Total | 20 |

| WEIGHTAGE - CYCLE TEST 1 (01.05.2025) | | |
|--|---|----------------------------|
| Subject | Description | Marks |
| Life Skills | | 09 |
| G.K. | Term 1 : Unit 1: Chapter 1 to 5 Unit 7: Chapter 26 Work Completion & Activity | 09 02 |
| | Total | 20 |

| WEIGHTAGE - CYCLE TEST II (03.12.2025) | | |
|---|--|----------------------------|
| Subject | Description | Marks |
| Life Skills | | 09 |
| G.K. | Term 2: Unit 1 Chapter 35 to 39 Unit 7 Chapter 59 Work Completion & Activity | 09 02 |
| | Total | 20 |

BLUE PRINT - MID TERM AND FINAL EXAM

| Ques. Pattern | No. of Ques x Marks | Marks |
|--------------------------|---------------------|-----------|
| Life Skills | | |
| MCQ | 8 x 0.5 | 04 |
| Fill Ups | 4 x 1 | 04 |
| True/False | 4 x 0.5 | 02 |
| Short Q/Ans | 3 x 2 | 06 |
| Cr. writing | 1 x 3 | 03 |
| General Knowledge | | |
| MCQ | 6 x 0.5 | 03 |
| Fill Ups | 3 x 1 | 03 |
| True/False | 4 x 0.5 | 02 |
| Match the following | 4 x 0.5 | 02 |
| Short Q/Ans | 3 x 1 | 03 |
| Almanac | 3 x 1 | 03 |
| Current Affairs | 6 x 0.5 | 03 |
| Work Completion | ----- | 02 |
| | Total | 40 |

WEIGHTAGE - MID TERM EXAM (08.09.2025)

| Subject | Description | Marks |
|--------------------|---|----------------------------------|
| Life Skills | | 19 |
| G.K. | Term I Unit 2: Ch-7 & 8, Unit 3: Ch-11 & 12 Unit 4: Ch-17, Unit 5: Ch- 20 & 22 Unit 6: Ch-25, Unit 7: Ch-27,28, &29 Unit 8: Ch-31 & 32, Unit 9: Ch-33 Unit 10: Ch-34 Work Completion | 19 02 |
| | Total | 40 |

WEIGHTAGE - FINAL EXAM (.....2026)

| Subject | Description | Marks |
|--------------------|--|----------------------------------|
| Life Skills | | 19 |
| G.K. | Term II Unit 2: Ch-40 & 42, Unit 3:Ch 45,46,48 Unit 4: Ch-50, Unit 5: Ch- 52, 55 Unit 6: Ch-56 & 57, Unit 7: Ch-60, 61, 62, Unit 8: Ch-64, Unit 9: Ch- 65 Work Completion | 19 02 |
| | Total | 40 |

ART - GRADE VII (2025-26)

(Book Name- Creative Arts)

| MONTH | BOOK (Pg. No) | DESCRIPTION | ACTIVITY |
|-----------|-------------------------|--|--|
| APRIL | Pg. 5 to 19, 83 | Knowledge of Art, Lines & Pencil Shading | Poster/book mark Making on Earth Day |
| MAY | 20 to 25 | Learn Pencil Shading & use of water colour | Flower Bouquet/ Card for Mother's Day |
| JULY | 26 to 35 | Use of water colour, spray printing | Clay Modelling |
| AUGUST | 38 to 45 | To know how to draw human figures & birds using shading techniques | Matki Decoration. Flag and Rakhi Making |
| SEPTEMBER | 46 to 51 | Landscape of different scenes, smudging use of geometrical shapes in faces | Paper Bag / Envelope making |
| OCTOBER | 54 to 63 | Picture composition, paper cutting Rangoli & Mosaic painting | Diya or Lantern making |
| NOVEMBER | 64 to 69, | Scrap Work, Worli Art & Hindi Alphabet | Folder making / CD activity |
| DECEMBER | 70 to 77 | Different writing styles | New Year / Christmas Card Making |
| JANUARY | 78 to 87 | Writing & Newspaper craft & Poster making | Poster on Republic Day / Lohri |
| FEBRUARY | Revision and Assessment | | |

MUSIC GRADE-VII (2025-26)**(Book Name- Symphony Level 7)**

| MONTH | THEORY | PRACTICAL | ACTIVITY |
|------------------|--|---|---|
| April | Pg-2 (Points to remember while teaching Symphony Book) Pg-3,4,5 Assembly Points, Pg-14-15 Gayatri Mantra, How to recite Gayatri Mantra | Pg-17 प्रार्थना Pg-25 God give me courage | Western notation, Chords, Any Folk Dance, Baisakhi |
| May | Pg - 6 संगीत (अंग) Pg - 16 बीज मंत्र + नवग्रह मंत्र | Pg-18 गुरु वंदना Pg-26 We are the best | Pg- 36/38, Rangmanch, Any Street Play on “ Peace” |
| July | Pg - 7 संगीत (प्रकार) | Pg-19 स्वागत गीत Pg-27 He'll be there | Guru Vandana Song Laughter Exercise |
| August | Pg - 8 शुद्ध स्वरों में पलटें, Pg - 9 संगीत के रूप | Pg-20 प्रेरक गीत Pg-28 Life goes on | English Prayer (New) Patriotic Song/ Dance |
| September | Revision and Assessment | | |
| October | Pg -10 नवरस एवं गीत | Pg-21 परमात्मा हे प्यारे Pg-29 Lovely Students | Any Bhajan & dance on maa Durga Song on Mahatma Gandhi Ji |
| November | Pg -11 हस्त मुद्राएँ | Pg-22 वन्दे मातरम Pg-30 Music | Diwali Song Children's Day Song |
| December | Pg -12 ताल धमार | Pg-23 हास्य योग Pg-31 Farewell Song | Christmas Carol Singing New Year Song |
| January | Pg -13 स्वर साधना के नियम | Pg-24 योग गीत Pg-32 Positive thinking | Any Song/dance on Yoga. |
| February | Revision and Assessment | | |

LIBRARY-GRADE VII

| Month | Syllabus | Activity |
|------------------|--------------------------------------|--|
| April | Reading of Panchtantra tales | DIY Bookmarks- create themed with quotes |
| May | Newspaper reading Religious Books | Debate- "E-Book Vs. Physical Books-" Discuss pros and cons in groups. |
| July | Reading of Biographies | Book Critic:- Write a review of recently read book. |
| August | Amar Chitra Katha | Literary Quiz |
| September | Revision and Assessment | |
| October | Reading of Novels | Author Study- Read about an author and write 3 interesting facts about him |
| November | Encyclopedias | Library Decoration- Create a poster or Book Jacket for Library Display Board. |
| December | Folk tales reading | Poetry Slam- Write and perform a poem inspired by book theme. |
| January | Fiction & Non-Fiction | Research Project- Use library resources to complete a mini project. |
| February | Motivational Stories reading | Create a book trailer- Make a short video to promote a book for their choice |

PHYSICAL EDUCATION-GRADE VII








| Month | Syllabus/Activity |
|-------------------|--|
| April, May | <ul style="list-style-type: none"> • Push up position and pass the ball. • Badminton |
| July | <ul style="list-style-type: none"> • Different obstacle races with hurdles and cone. • Chess, Table-Tennis |
| August | <ul style="list-style-type: none"> • Modified Hammer Throw • Basket Ball, Kho-Kho |
| September | Revision and Assessment |
| October | <ul style="list-style-type: none"> • Tic-Tac-Toe Dribble with Hula Hoop Relay • Volleyball, Kabaddi, Concentration exercises |
| November | <ul style="list-style-type: none"> • High Jump • Cricket, 600 meter run and walk. |
| December | <ul style="list-style-type: none"> • Collaborate and Conquer • Football, Chess, Ludo |
| January | <ul style="list-style-type: none"> • Exercises with Fitness ladders • Basic running |
| February | Revision and Assessment |

VEDIC MATHS GRADE-7 (2025-26)

(Book Name- Vedic Maths-2)





| MONTH | DESCRIPTION |
|-----------|--|
| APRIL | Introduction to Vedic Maths Viniculum (Page-6,7) ; Rapid Subtraction (Page- 8,9) ; Special Products (Page-10 to 12) ; Concept Learning and Mind Calculations |
| MAY | Finding the squares (Page-13,14,18,19,20) ; Find the Duplex - 4 Digits (Page - 15 to 17); Finding the squares (Page-21 to 26) ; Multiplication by Viniculum (Page-27) ; Concept Learning and Mind Calculations |
| JULY | Combined Operations (Page-28,29,35,36); Subtraction (Page - 30,31); Special Products (Page-32 to 34) ;Concept Learning and Mind Calculations |
| AUGUST | Special Products (Page-37); Crisscross Multiplication method (Page-38 to 40,43); Special Products (Page-41,42); Concept Learning and Mind Calculations |
| SEPTEMBER | Revision & Mid-Term Assessment |
| OCTOBER | Multiplication by 9 (Page-44) ; Subtractions (Page-45,46); Combined Operations (Page-47); Digital Root (Page-48,49) ; Special Products (Page-50); Concept Learning and Mind Calculations |
| NOVEMBER | Multiplication by 1001 (Page-51,52); Algebra-Find the value of X (Page-53,54); Concept Learning and Mind Calculations; |
| DECEMBER | Fill the correct value (Page-55 to 62); Doubles (Page-63,64); Half (Page-65); Concept Learning and Mind Calculations |
| JANUARY | Percentage (Page-66 to 70); Special Products (Page-73,74); Multiplication by 9's (Page-75,76); Concept Learning and Mind Calculations |
| FEBRUARY | Revision & Final Assessment |

SCHEDULE OF ENRICHMENT ACTIVITIES- GRADE 7 (2025-26)







| Month | Saturday-I | Saturday-II | Saturday-III | Saturday-IV | Saturday-V |
|--------------|--|---|--|---|---|
| April | <p><u>Introduction of Enrichment Day:</u> Teacher will discuss the significance of enrichment day with the students</p> | <p><u>Weather Report:</u> Compare the changes you have observed in the weather since the beginning of the session with comparison to the previous month and present them in a creative manner in Enrichment Scrapbook.</p> <p><u>Speech and Spark:</u> Organize sessions focused on public speaking. On the occasion of SDM Empowerment Day, Students will speak on the topic- What empowers me</p> | <p><u>Exploring Sea World:</u> Create any sea creature like Whale, octopus, fishes, star fish using waste material like bottle caps, wool, thread, ice cream sticks etc and paste them in Enrichment Scrapbook.</p> | <p><u>Speech and Spark:</u> Organize a session focussed on public speaking. Students can learn how to structure a speech, control their voice, and present confidently.</p> <p><u>Cultural Cuisine Day:</u> Students will research and make recipes from different cultures & conduct exhibition.</p> |  |
| May |  |  |  |  |  |
| July | <p><u>Podcast:</u> Create a Podcast dedicated to discussing current social issues, providing a platform for public discourse and promoting awareness.</p> | <p><u>Eco-Friendly Utensils:</u> Develop biodegradable cutlery made from sustainable materials. This will teach the students importance of environmental conservation.</p> | <p><u>Puzzle Point:</u> Students will create their own escape room-style puzzles or clue based on any theme of their choice.</p> | <p><u>Career Characters: (PPT)</u> Each student will research a career of interest and present it to the class via PPT & encouraging future career exploration.</p> |  |

July Month Activities are continued to next page.

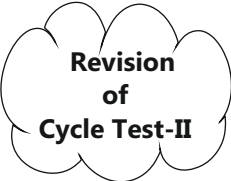




SCHEDULE OF ENRICHMENT ACTIVITIES- GRADE 7 (2025-26)

| Month | Saturday-I | Saturday-II | Saturday-III | Saturday-IV | Saturday-V |
|---------------|--|--|---|---|---|
| July | <p><u>Break the Code:</u> Prepare types of code sheet which is having a pattern depending upon the same format. It can be in form of printed templates of codes. Choose any of the following situations: Planting crops in your field Cleaning your house for festival History of your city A poem you remember.</p> | <p><u>Sell it, if you can:</u> Sell any product or item of your choice available in the classroom or in the surrounding like table, bag, books etc. Choose any one of the following situation and type of selling method to the students in slips. Situations are as follows: Standing in front of school, cinema theater, near an airport etc.</p> | <p><u>Make Something out of Nothing!</u> Use Recyclable, waste material (things supposed to be thrown away like cardboard, empty plastic bottles, cartons etc. any other resources available in your locality), thread / ribbon, decorative items etc. and create a masterpiece out of it.</p> | <p><u>A Reporter's Flipbook:</u> Create a visual and word mix report of an incident, experience or our learning for their zines/mini booklet. Publish individual work and report their own stories/experiences.</p> |  |
| August | <p><u>Comic Strip:</u> Students will address an issue i.e. "Pollution as a Global Challenge" using comic strips in a creative way to acknowledge current events, voice opinions, and entertain readers while keeping them up to date with the current affairs. <u>Make your own-NO stitch Cardboard/CD Coasters</u> Bring few CDs and cardboards to make a coaster. Few discarded patches of fabrics (size 15 cm* 15 cm or roughly 6 inch *6 inch) can be used. These coasters can be made by pasting or stapling.</p> |  |  | <p><u>Budding Writers</u> Write a blog based on the theme- India the land of festivals. Students will choose any one state & write a blog showcasing the different festivals celebrated in the state.</p> <p><u>Hindi Kavita Path (Poetry Recitation):</u> Host a poetry recitation competition where students memorize and recite famous Hindi poems. This improves pronunciation, memorization, and expression.</p> |  |



SCHEDULE OF ENRICHMENT ACTIVITIES- GRADE 7 (2025-26)

| Month | Saturday-I | Saturday-II | Saturday-III | Saturday-IV | Saturday-V |
|-----------|--|---|--|---|--|
| September |  Mid-term Examination |  Mid-term Examination |  Mid-term Examination | <p><u>Narrate a story:</u> Students are required to take newspaper images, observe and identify the things in them. They have to frame a story with those objects. It will help them to enhance their vocabulary.</p> <p><u>Ad-jingles:</u> Students can sit in groups and they can prepare innovative advertisement for the products of daily use. They can give a suitable tag line too. It will develop their team spirit.</p> |  NA |
| October |  P.T.M | <p><u>Stem Suspense:</u> Build a Bridge: Using popsicle sticks, paper, or spaghetti, students will build a bridge that can support weight. This teaches physics concepts and engineering skills.</p> <p><u>Liberty of Literature:</u> Encourage reading by forming groups to discuss book review. Students can take turns leading discussions, sharing opinions, and connecting the stories to real-life events, which fosters both literacy and analytical skills.</p> | <p><u>Art Cart:</u> Set up an art station where students can work on creative projects, like pottery, painting, or recycled art. This encourages creativity and fine motor skills.</p> <p><u>Community and Care:</u> Organize volunteering activities, like creating cards for the elderly, packing care kits for shelters, or a school garden project. These foster empathy, teamwork, and community engagement</p> | <p><u>Vichar Prakash (Thoughts Sharing):</u> Encourage students to pick a moral value or famous Hindi proverb, write their thoughts on it, and present it to the class. This fosters critical thinking and communication skills.</p> <p><u>Fruits of Glow:</u> Students will generate usable skin care products using discards of the different fruits including peel, pulp & juice. They enumerate the use of different fruits available in kitchen for personal, beauty & skin care purposes.</p> |  NA |

SCHEDULE OF ENRICHMENT ACTIVITIES- GRADE 7 (2025-26)

| Month | Saturday-I | Saturday-II | Saturday-III | Saturday-IV | Saturday-V |
|-----------------|--|--|---|---|---|
| November | <p><u>Photo-a-day project</u> Divide students into pairs or small groups and give them simple tasks like to capture surrounding that represents happiness or take a photo emphasizing the Rule of Thirds.</p> <p><u>Designing your fabric:</u> Students can sit in groups & think of various possibilities of block prints, tie & dye & various motifs on fabrics. This encourages them to learn how hand block printing works on any fabric. (blocks can be prepared with various vegetables e.g lotus stems, potatoes etc.</p> | <p><u>Flower Power:</u> Introduce students to a florist & learn the making of different floral arrangement / bouquet (Ikebana). Display them in an exhibition.</p> <p><u>Use your care box:</u> Make placard, ppt or pictures of various first aid tools. Make students learn about uses of different tools of first aid box by giving them various situations. For example: Your brother was cooking and he burnt his finger.</p> | <p><u>Art Integration:</u> Students will craft an image, which will then be rotated within the circle to create that repetitive mandala effect by spring mandala art. This will encourage their creative skills.</p> <p><u>Explore Patterns:</u> Explore outdoor environment such as botanical garden or natural park & observe mathematical patterns & structure in plants & animals which develop creativity and logical Skills.</p> | <p><u>Own Creation</u> You are a board game manufacturer & are assigned a task of creating a board game. Make your own board game neat, interesting & creative centered on mathematical concepts that create critical & strategic thinking.</p> <p><u>Self-Assessment:</u> Students are required to sit in a comfortable position, close their eyes and think about their own qualities. They have to jot down any five adjectives describing them.</p> |  <p>Revision of Cycle Test-II</p> |
| December |  <p>Cycle Test-II</p> |  <p>Cycle Test-II</p> | <p><u>Shrutlekhan (Dictation):</u> Conduct dictation exercises using passages from Hindi literature. It strengthens listening skills, vocabulary, and spellings in Hindi.</p> <p><u>Nukkad Natak (Street Play):</u> Students write and perform a short play on a social issue in Hindi. This activity builds teamwork, social awareness, and analytical abilities. Topics :- Importance of financial Literacy/ Addiction to Electronic gadgets.</p> |  <p>P.T.M</p> |  <p>NA</p> |

SCHEDULE OF ENRICHMENT ACTIVITIES- GRADE 7 (2025-26)

| Month | Saturday-I | Saturday-II | Saturday-III | Saturday-IV | Saturday-V |
|----------------|--|--|--|---|--|
| January |  <p>Winter Break</p> | <p><u>Coding Command:</u> Introduce students to basic coding languages like Scratch or Python. They can create simple games, animations, or websites, which gives them a foundation in programming and enhances logical thinking.</p> <p><u>Math Scavenger Hunt:</u> Create a list of math problems or riddles and hide them around the classroom or school. Students can work in pairs or small groups to solve the problems and find hidden clues.</p> | <p><u>Geo Coaching:</u> A treasure hunt using GPS devices where you search for hidden items in your area which will lead to cognitive development of students.</p> <p><u>Crafty Canvas:</u> Make your own art, jewellery or home décor of any tribal community as it will develop innovative skills & make students independent.</p> |  <p>P.T.M</p> | <p><u>Analyzing Ads or News Articles:</u> Provide students with ads, articles, or social media posts that talk about child labor to analyze the language, imagery, and message to understand the awareness of it.</p> <p><u>Road signals memory game:</u> Print or draw various road signs on cards (e.g., stop sign, yield sign, pedestrian crossing, speed limit, etc. on a flat surface like a table or the floor where you can spread out the cards and players take turns flipping two cards at a time.</p> |